CITY OF LIVERPOOL SWIMMING CLUB



(Affiliated to Swim England North West)

President Mr.N.Wilkinson	
Life Vice President Mr.T.Tunstall	
Chair: Mr.P.Blood	Vice Chair: Mrs L.Stuttard
Secretary: Mrs L Stuttard	Chief Coach Mr. D Ashley
www.colsc.weeblv.com	





Chair's Report 2023

The year turned out to be one of transition for the club when in April, Chief Swimming Coach Mike Roberts announced he would be retiring in September, and later in the year Peter Barton also announced he would be leaving the coaching team in September.



Mike was appointed Chief Coach in 2008 and Peter joined in 2009. Peter also took on running the Echo Cup, later the Co-op Cup, competition and much of the organisation of the Majorca Swim Camps.

In recent years Mike rekindled his passion for art as "The Quirky Art Man" http://thequirkyartman.co.uk/

He is pictured here with his first of a series of Edward Lear illustrations "the Owl and the Pussycat"

I believe Peter will also be painting but in his case it will be walls and ceilings.

Many thanks to Mike and Peter and best wishes for their future endeavours.

Diane Jameson

In July we received the sad news of the passing of Diane Jameson, COLSC Vice President. Diane was a major contributor to the development of the Liverpool City Council Training Programme and COLSC as Chief Coach. The mother of Olympic medallists Andy and Helen she coached swimmers to national selection and titles. As a tutor Diane trained and mentored many coaches. COLSC will be looking to see what we can do to ensure a permanent remembrance of her.

Liverpool City Council Swim Training Programme

The Local Authority reaffirmed their support for the training programme with the appointment of Darren Ashley as Chief Swimming Coach. The club was invited to be part of all stages of the appointment process with the appointment panel comprising one representative from the Local authority, Swim England and COLSC.

Committee & Governance

I would like to thank committee members for their contributions, and recognise the club is fortunate in having dedicated people committed and able to manage its activities and take necessary decisions.

Welcome to new committee members Ben Harvey and Matthew Lyons. Ben has taken on the role of Meet Manager & Gala Secretary with Matthew becoming Officials Secretary. Thanks to both for their contributions in delivering the National and Splash "n" Dash meets. Thanks also to Christine Smith and all the poolside helpers.

I would also like to thank Jon Thompson who will be retiring as Kit Manager at the AGM.

Committee Vacancies

Welfare Officer (Swimming)
Membership Secretary
Kit Manager
Committee members - 2

Nomination forms available from <u>www.colsc.weebly.com</u> Training is available.

The club like any organisation constantly needs to recruit new volunteers to bring in fresh thinking and skills. If you are interested in getting involved as a poolside helper, event team member, or committee member please contact any member of the committee or coaching team for further information. All training cost are met by the club.

The club completed a full SwimMark accreditation at the start of the year and the SwimMark Healthcheck process is presently underway.

Constitution

The club constitution has been updated in line with the latest Swim England model, and in response to feedback received during the Swim England North West approval process. The main changes are detailed in Appendix "A" at the end of this report.

Welfare

Thanks to Pat O'Connor, the Club Welfare Officer, who operates independently dealing with all club welfare issues. Her work can be demanding and for reasons of confidentiality goes on unseen by others. We now want to split the role and recruit another Welfare Officer for swimming with Pat remaining with water polo.



This role of a swimming club welfare officer is essential in providing a first point of contact for children, parents and adults within the club who have a child safeguarding or welfare concern.

The Welfare Officer has the right to attend Committee meetings without the power to vote or to be counted as part of the quorum. Attendance at meetings will be for the purpose of sharing or addressing matters relating to Welfare.

Incidents occuring during a training sessions should be reported to the centre duty manager at the time, and incidents occuring during club activities, galas and other events, should be reported to Pat. at: colscwelfareofficer@gmail.com

Swimming

Thanks to the coaching team of Mike, Peter, Rachel and Angela and to gala secretary Ben Harvey. Thanks also to Christine Smith and all the volunteers who ensure the smooth running of club events.

Congratulations to National and British Summer Championships swimmers.

NATIONAL SUMMER MEET 2023

Madison Rens 16yrs 200m IM – Gold Lucy Parsons 16y Dylan Madican 13/14yrs 400m Freestyle – Silver Dylan Madican 13/

Lucy Parsons 16yrs 200m Freestyle - Silver Dylan Madican 13/14yrs 800m Freestyle - Bronze

Finalists

Max Harvey 16yrs 400m IM Max Harvey 16yrs 400m Freestyle Madison Rens 16yrs 50m Breaststroke Joni Dunne 14yrs 200m Breaststroke Ethan Kelly 15yrs 100m Freestyle Finn Arnold 13/14yrs 100m Backstroke Martha Sumnall 12/13yrs 400m IM Max Harvey 16yrs 800m Freestyle Madison Rens 16yrs 100m Breaststroke Dylan Madican 13/14yrs 200m Freestyle William Irvine 13/14yrs 200m Breaststroke Finn Arnold 13/14yrs 50m Backstroke Martha Sumnall 12/13yrs 200m Butterfly Lucy Parsons 16yrs 200m Backstroke

BRITISH SUMMER CHAMPIONSHIPS 2023

Ethan Kelly 15yrs 1500m Freestyle - Gold Ethan Kelly 14/15yrs 800m Freestyle - Gold Ethan Kelly 14/15yrs 400m Freestyle - Gold Lucy Parsons 16yrs 1500m Freestyle - Gold Tyler Melbourne-Smith 18yrs 200m Freestyle - Gold

Tyler Melbourne-Smith 18yrs 800m Freestyle - Gold

Finalists

Adam Bradley 16yrs 100m Breaststroke Maddison Rens 16yrs 200m Freestyle Balint Ashton 17yrs 100m Freestyle Balint Ashton 17yrs 50m Butterfly Balint Ashton 17yrs 200m IM

Adam Bradley 16yrs 200m Breaststroke Lucy Parsons 16yrs 400m Freestyle Balint Ashton 17yrs 50m Freestyle Balint Ashton 17yrs 400m IM

Please see Chief Coach report for further swimming information.

Water Polo

Thanks to Joanne Mountfield and Matthew Rushton who contributed the following water polo information.

The Liverpool International Masters Tournament

The Moscardini Shield

Hosted by the men's section in February with 17 visiting teams from Ireland, Germany, Switzerland and across England contesting, for the first time since 2019.

The competitions was won by long-time supporters of the event, Les Crocs.

The Dacre Cup

The Women's competition played for The Dacre Cup, presented in memory of Gordon Dacre, and was won by our home team of Liverpool Liverbirds.

With thanks to all our volunteers, the organising committee led by Simon Hooson, and the Club's committee for their support.



National Age Group Championships

City of Liverpool U17s & U19s Junior teams both reached the 2023 Finals weekend at Sunderland Aquatic Centre.

The U19s won their Bronze Medal Match 12-8 against London Otter and Hannah Giles was Presented with the Top Goalkeeper Award.

Champions Cup

The City of Liverpool Women's team won the Bronze Medal match 13-9 against Hucknall, qualifying to play in LEN European Club competition, but will not be participating due to the prohibitive entry fees.

Great Britain selection

Hannah Pyper has been selected to represent Great Britian at the U17 European Championships in Turkey.

De Warande Waterpolo Toernooien

City of Liverpool Women's teams competed in the 2023 event as part of their pre-season preparations.

Playing 5 matches over the weekend against Dutch Club sides. They finished top of Dames Group 1 and won a pie (delicacy of the Region).



Junior Development

Having secured a mid-week session at LAC on Thursdays from 6.45-7.45pm, the u13's section of the polo club is growing fast, with 38 new players having attended over the last 6 months in ages 8-12 years. With 12 players attending regularly and passing their LTS Stage 8 Water Polo or Stage 9 awards at the end of the Summer term; 1 player was rewarded and moved up to the junior development squad.

Masters

The following information has been provided by Masters Secretary Steve Wall

Attendence numbers have remaind consistent throughout the year with Monday the most popular.

Coactiong of sessions continues to be managed by four squad members: Brian Parks, Anthony Wylie, Craig Fearnley, and Steve Wall..

3 Competition Highlights.

Swimmers have successfuly competed in a range of events including Open Water Swims by Lisa James, Triathlons and Swim- Run by Mel Sayed and "The Mersey Mile" by Criag Fearnley (1st place).

At the National Masters Chamionships held at Ponds Forge Sheffield 27- 29 October 7 swimmers represented CoL

Congratulations to our Masters swimmers.



"The Mersey Mile" Saturday 2nd Septembe

A late start meant a strong tide, and difficult condition for the 170 swmmers taking part in this event.

Craig Fearnley finished in First Place and Mel Sayed finished in Third Place ahead of the rest of the field.

National Masters Chamionships

Ponds Forge Sheffield 27- 29 October

Laura Barnes (18-24) 200m FC 16th, 400m FC 15th Lisa James (30-34) 100m BC 5th, 50m Fly 13th Mel Sayed (45-49) 400m IM 2nd Mel Sayed (45-49) 400m FC 6th Anthony Wylie (55-59) 100m BS 3rd, 200m IM 2nd Lucy Doherty (25-29)
50m BC 1st, 100m BC 2nd
Katie Birchall (Moore) (40-49)
50m BC 3rd, 100m BC 3rd
Mel Sayed (45-49)
200m Fly 3rd
Mel Sayed (45-49)
800m FC 6th LTPB
Steve Wall (65 -69)
100m FC 4th

And finally

I would like to thank all the dedicated members of the committee and volunteers who assist in all areas of club activities and ensure the smooth running of competitions and events.

Thank you Peter Blood

APPENDIX "A"

Constitution Update 2023

The club constitution has been updated in line with the latest Swim England model, and in response to feedback received during the Swim England North West approval process.

The main changes are detailed below:

Existing Constitution Rule 7.1:

The Committee shall consist of the Chair, Vice Chair, Secretary, Treasurer, Life members Chief Coach, Membership Secretary, Meet Manager/Gala Secretary, Officials Secretary, Coop Cup Secretary, Masters Secretary, Open Water Secretary, Water Polo Secretary, Trophy Secretary, Sponsorship Secretary, Volunteers Co-ordinator, Equipment/Kit Manager, SwimMark Co-ordinator and 2 elected members, all of whom must be members of the Club. All Committee members must be not less than 18 years of age though the Committee may allow younger member(s) to attend their meetings by invitation of the Committee without the power to vote.

Proposed Constitution Rule 7.1:

The Committee shall consist of the Chairman, Secretary, Treasurer (together "the Executive Officers of the Club") and twelve other elected members all of whom must be members of the Club. All Committee members must be not less than 18 years of age though the Committee may allow younger member(s) to attend their meetings by invitation of the Committee but without power to vote and not being counted as part of the quorum.

Reason for Change:

The naming of Committee roles is not good practice, except for the Exec officer's posts. The reason for this is that if the committee decide to change the names of the roles or remove them, then the Constitution would need to be resubmitted for approval.

Existing Constitution Rule 7.2:

The Committee shall appoint a member of the Club as Welfare Officer who must be not less than 18 years of age, who should have an appropriate background and who is required to undertake appropriate training in accordance with 'Wavepower'. The Welfare Officer will have a right to attend Committee meetings without a power to vote.

Existing Constitution Rule 7.2:

In accordance with Wavepower the Committee shall appoint a member of the Club as the Welfare Officer who must be not less than 18 years of age, who should have an appropriate background and who is required to undertake appropriate training in accordance with Wavepower. The Welfare Officer shall not be related to or in a relationship with any one of the 'Executive Officers of the Club or the Club's Coaches or Teachers.

New Constitution Rule 7.3:

The Welfare Officer shall have a right to attend Committee meetings without the power to vote or to be counted as part of the quorum. Attendance at meetings will be for the purpose of sharing or addressing matters relating to Welfare.

Reason for Change:

SE model constitution change

Existing Constitution Rule 7.3:

The Executive Officers and Committee members shall be proposed, and seconded and elected by ballot at the Annual General Meeting. Election to the Committee shall be for three years, and shall remain in office until their successors are elected at the next Annual General Meeting and will take office when the Chairman has closed the meeting. Any vacancy occurring by resignation or otherwise in position previously filled at the Annual General Meeting or other General Meeting may be filled by the Committee. Retiring Executive Officers and members of the Committee shall be eligible for re-election.

Proposed Constitution Rule 7.4: (renumbered due to new rule 7.3)

The Executive Officers and Committee members shall be proposed, seconded and elected at the Annual General Meeting. Election to an Executive post or Committee member shall be for three years. The newly elected Executive Officers and Committee members take office when the Chairman has closed the meeting. One third of those holding an Executive post and the members of the Committee shall retire annually but shall be eligible for re-election. The members so retiring being those who have been longest in office. Any casual vacancy occurring by resignation or otherwise may be filled by the Committee but any member so chosen shall retire at the next Annual General Meeting but shall be eligible for re-election at that Meeting.

Reason for Change:

SE model constitution change

Existing Constitution Rule 7.7:

In addition to the members so elected the Committee may co-opt up to five further members of the club who shall serve until the next Annual General Meeting. Co-opted members shall not be entitled to vote at the meetings of the Committee and shall not be counted in establishing whether a quorum is present. Co-opted members must not be less than 18 years of age.

Proposed Constitution Rule 7.7:

In addition to the members so elected the Committee may co-opt up to three further members of the Club who shall serve until the next Annual General Meeting. Co-opted members shall be entitled to vote at the meetings of the Committee and shall be counted in establishing whether a quorum is present.

Reason for Change:

SE model constitution change