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| CITY OF LIVERPOOL SWIMMING CLUB  (Affiliated to the Swim North West A.S.A.)  President Mr.N.Wilkinson Treasurer Mrs.T.Cooke  Life Vice President Mrs.D.Jameson Life Vice President Mr.T.Tunstall  Chairman Mr.B.Langley Vice Chairman Mr.C.Grayson  Chief Coach Mr.M.Roberts Secretary Mr.P Skeggs | |
| [www.colsc.weebly.com](http://www.colsc.weebly.com) |  |

Swimmer’s Name:

On behalf of the City of Liverpool Swimming Club; may I say a huge CONGRATULATIONS to all of you on qualifying for this year’s British Gas ASA National Age Group Championships. This is a tremendous achievement and one that you should be extremely proud of. Please remember, the hard work is not yet done! Stay focused in training, every stroke, start, turn and finish… it all counts! Wishing you a fantastic meet, best of luck to everyone competing and well done again on achieving your qualifying times!

**(PLEASE NOTE: RELAY SWIMMERS WILL BE INFORMED OF THEIR SELECTION SEPARATELY)**

**British Gas National Age Group Championships**

**(50m) 30th July – 3rd August 2014**

**Ponds Forge ISC,**

**Sheaf Street, Sheffield, S1 2BP**

**Individual Events*:*** 100m, 200m, 400m, 800m (Girls) & 1500m Freestyle (Boys)

100m & 200m Backstroke, Breaststroke & Butterfly

200m & 400m Individual Medley

**Team Events**: Girls & Boys: 10-14 years: 4 x 100m Medley, 4 x 100m Freestyle and 4 x 200m Freestyle

Please return the attached forms to **Meg Langley no later than 26th June**, in order for me to process the clubs entry to the ASA before their closing date (1st July) – **No entries must be submitted individually,**

**All entries must be done through the club**.

(Email: [colscgalasecretary@gmail.com](mailto:colscgalasecretary@gmail.com) or Post: 31 Thornfield Road, Thornton, Liverpool, L23 9XY)

For further information, please see the British Swimming Website – British Gas National Age Group 2014 page:

[**http://www.swimming.org/asa/calendar/british-gas-asa-national-championships-age-group-50m-2014**](http://www.swimming.org/asa/calendar/british-gas-asa-national-championships-age-group-50m-2014)

**Accreditation: You will need your poolside pass at all times to access the pool.**

Coaches will be provided with your accreditation, which you will need at all times to get onto poolside. You will need to arrange with your coach to collect this from them based on when you are competing.

**Training on the 29th July in Sheffield:**

We have booked a ‘training’ session at the pool on 29th July (The day before the competition begins) for swimmer to have the opportunity to get in the water for a splash! The lane has been booked for 2-3pm. More information on arrangements will be provided prior to the meet.

**Spectator Tickets are available to purchase from ticketmaster on:**

[**http://www.ticketmaster.co.uk/British-Gas-ASA-National-Age-Group-tickets/artist/1737913**](http://www.ticketmaster.co.uk/British-Gas-ASA-National-Age-Group-tickets/artist/1737913)

**Or** can be purchased at the pool on the day.

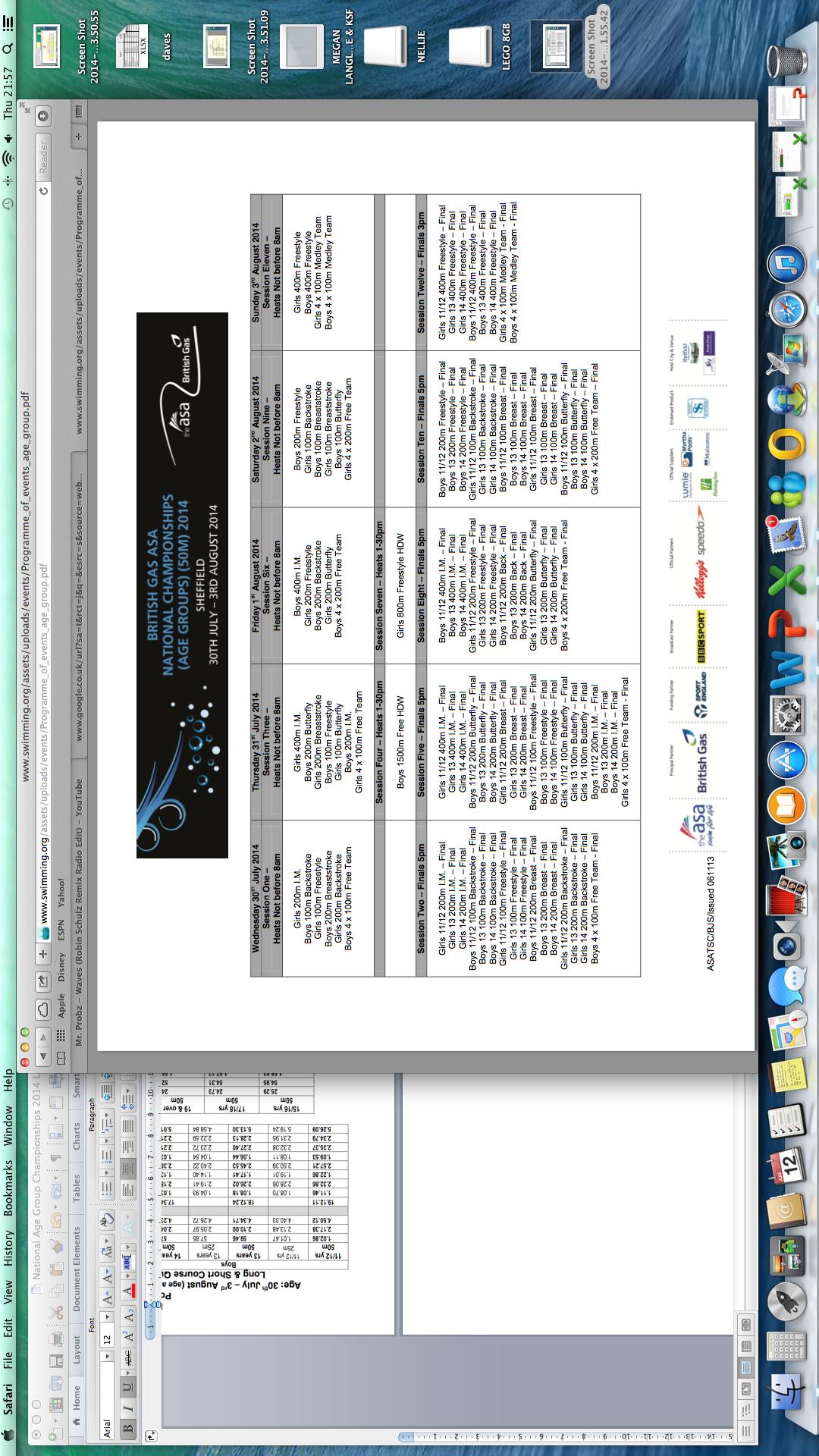
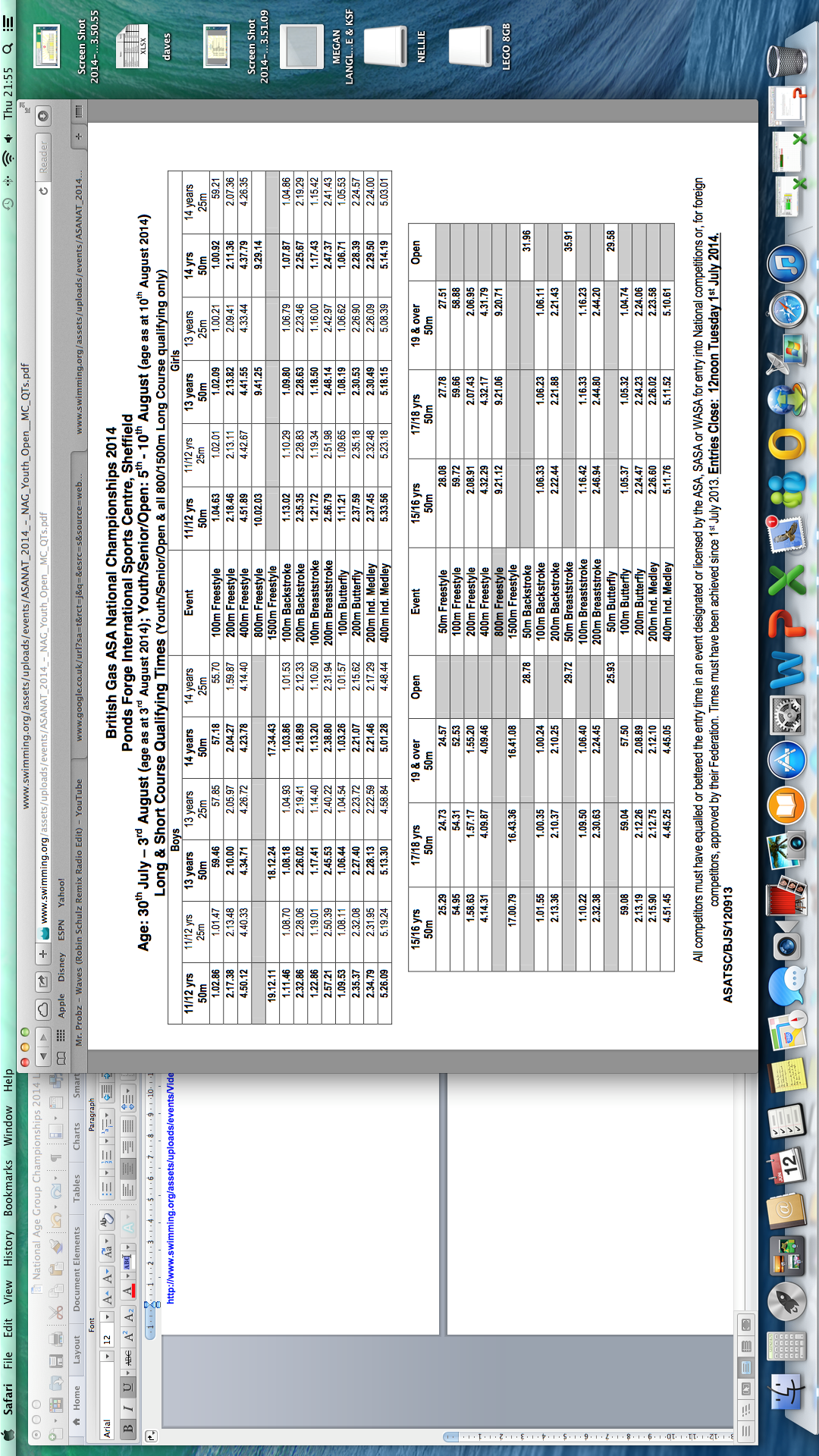
**Videos and Photographs**

Videos and Photographs are taken at this meet routinely by photographers arranged by the ASA, if you do not wish for your child to be photographed or filmed, then the form needs to be filled in and returned as per this link:

[**http://www.swimming.org/assets/uploads/events/Video\_\_Photography.pdf**](http://www.swimming.org/assets/uploads/events/Video__Photography.pdf)

**Full Meet conditions are available to read at:**

[**http://www.swimming.org/assets/uploads/events/ASANAT\_2014\_-\_NAG\_Conditions.pdf**](http://www.swimming.org/assets/uploads/events/ASANAT_2014_-_NAG_Conditions.pdf)



**Entry Form – Please Return to Meg Langley by 26th June 2014**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** |  | | |
| **Club** |  | | |
| **ASA No.** |  | **Gender** |  |
| **Date Of Birth** |  | **Age at midnight 3rd August** |  |
| **Address** |  | **Tel no.** |  |
| **Email** |  |

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| --- | --- | --- |
| **Event** | **Time** | **Where and When Achieved?** |
| **100m Freestyle** |  |  |
| **200m Freestyle** |  |  |
| **400m Freestyle** |  |  |
| **800m Freestyle** |  |  |
| **1500m Freestyle** |  |  |
| **100m Backstroke** |  |  |
| **200m Backstroke** |  |  |
| **100m Breaststroke** |  |  |
| **200m Breaststroke** |  |  |
| **100m Butterfly** |  |  |
| **200m Butterfly** |  |  |
| **200m Individual Medley** |  |  |
| **400m Individual Medley** |  |  |

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| --- | --- | --- | --- |
| **Total Number of Entries** |  | | |
| **Swimmer’s Signature** |  | **Date** |  |
| **Signed Parent/Guardian**  **(If swimmer is under 18 years)** |  | **Date** |  |

**\*The City of Liverpool Swimming Club will be paying your entry fees into this event\***

Any Problems or questions, please do not hesitate to speak to me or email: [**colscgalasecretary@gmail.com**](mailto:contactmlangley@gmail.com)

**IN ORDER TO PROCESS AN ENTRY, SWIMMERS MUCH HAVE A PHOTOGRAPH UPLOADED- I CANNOT ENTER SWIMMERS WITHOUT THIS SO PLEASE CHECK AND UPLOAD A PHOTO ONTO THE ASA WEBSITE ASAP IF YOU HAVEN’T ALREADY!!**

**City of Liverpool Swimming Club - Kit**

The City of Liverpool Swimming Club will be presenting each swimmer (both individual and relay members) who has qualified for this year’s National Age Group Championships with a polo shirt. In order to process the order in time, please return the form below to Meg Langley as soon as possible.

|  |  |
| --- | --- |
| **Swimmer’s Name** |  |
| **Polo shirt size required** |  |

**Small** (35-37”) **Medium** (38-40”) **Large** (41-43”) **XLarge** (44-46”) **XXLarge** (46-48”)

You are representing the City of Liverpool Swimming Club and are expected to wear as much City of Liverpool Swimming Club Kit as possible. This includes: Hoody, Polo Shirt & Swim Cap. Please be aware that we also now have bottles, towels, etc. This kit is readily available at Wavetree Sports Centre from our Kit Manager – Neil White. Please send an email to me on [colscgalasecretary@gmail.com](mailto:colscgalasecretary@gmail.com) and I can put you directly in touch with Neil to arrange for you to purchase kit.

You are expected to wear a City of Liverpool Silicone or Dome hat and polo shirt – no other Team or Colour is acceptable.

If you are receiving a medal or award, you MUST wear a City of Liverpool Polo shirt and a pair of navy shorts or tracksuit bottoms. It is not acceptable by the City of Liverpool or the ASA Guidelines to turn up for a presentation in a towel.

**Accommodation**

Hotel Rooms have been reserved for coaches, swimmers and their families at the Holiday Inn Express. If you require a room at the Holiday Inn Express (Blonk Street, Sheffield, S1 2AB), please return the form below to Meg Langley. Rooms will be allocated on a first come first serve basis as only a limited number of rooms have been reserved. Approximate costs: £55 per night for double and twin rooms, £65 for family rooms, breakfast included. Parking £5 per 24 hours – Additional £10 per night for family member extras over the age of 12.

|  |  |
| --- | --- |
| **Swimmer’s Name** |  |
| **Room Type (Double, Double-single occupancy, Twin or Family) and Number of rooms required** |  |
| **Number of persons age 12+ to stay** |  |
| **Total Number of persons to stay** |  |
| **Date of Arrival** |  |
| **Number of nights required** |  |
| **Date of Departure** |  |

**Please Note: You will be required to pay for your room in full on check-in.**

**\*Rooms booked will be non-refundable.**

**City of Liverpool Swimming Club contribution to expenses**

Please be aware that the City of Liverpool Swimming club offer a £20 contribution towards each night, prior to competing in an event the following day.

For example:

If a swimmer is racing on a Monday, £20 will be given.

If a swimmer is competing on a Monday, Tuesday and Wednesday £60 will be given.

If a swimmer is competing on Monday, Wednesday and Thursday, £60 will still be given unless a final is made to be swam on the Tuesday, in which case £80 will be given.

**In order to receive this contribution, you must complete this document and return it to Meg Langley as soon as possible after the gala.**

|  |  |
| --- | --- |
| Swimmer’s Name |  |
| Cheque to be made payable to |  |

|  |  |
| --- | --- |
| Date of race | Events competed in |
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**For use by COLSC**

Total number of nights to be supported:

Total Amount to be provided: